

Lizellen La Follette, M.D., Inc.
599 Sir Francis Drake, Suite 301
Greenbrae, California 94904
Tel: (415) 461-1949
Fax: (415) 461-1948



PROFESSIONAL EXPERIENCE

Lizellen La Follette, M.D., Inc.
Private Practice: Ob-Gyn and Aesthetics
Greenbrae, CA

2004-Present

- Practice staff includes 3 physicians, 1 nurse practitioner, and 1 registered nurse
- Active OB-Gyn privileges with Marin General Hospital, California Pacific Medical Center, Novato Community Hospital, and Sonoma Valley Hospital
- Certified: daVinci Robot Surgeon
- Certified: MonaLisa®, SculpSure™, Icon™ Aesthetic System, and eVisit®
- Member of Medical Executive Committee Marin Specialty Surgery Center
- Member of Marin-Sonoma Individual Practice Association Utilization Review and Quality Assurance Committee
- Physician member of Sutter Health OB Quality (formerly FPAD) initiative to continue to improve first pregnancy outcomes for mother and infant
- Lecture to colleagues on new developments in women's health
- Speaker for GSK on prevention of Herpes transmission
- Medical Consultant and Medical Writer for local and national radio, television, newspapers
- Clue App Medical Advisor June 2015 – December 2015
- March of Dimes Advisor
- Etincelle Montpellier Cancer Retreat professional honoree 2015
- Speaker for CMQCC Toolkit—Support Vaginal Birth/Reduce Primary Cesareans
- Speaker for PreTRM® test

Women's Medical Associates
Partner, Group Practice: Obstetrics & Gynecology
Greenbrae, CA

1992-2004

- OB-Gyn privileges with Marin General Hospital, Novato Community Hospital; Gyn with the Marin Specialty Surgery Center
- Member of First Pregnancy and Delivery (FPAD) Initiative

Case Western Reserve University School of Medicine
Cleveland, OH

1984-1986

- Research in Hematology, Endocrinology and Molecular Biology
- Recipient of National Institute of Health Summer Research Awards

California Presbyterian Medical Center
San Francisco, CA

1975-1984

- Awarded the first Enterprise High School Student Stipend in 1975
- Worked summers in Cardiology and Cardiac Surgery Research for ten years
- Multiple publications and presentations with Drs. Lester B. Jacobson & J. Donald Hill

Brigham and Women's Hospital
Boston, MA

1983-1984

- Research in Cardiovascular Radiology

Beth Israel Hospital 1983-1984
Boston, MA
• Anesthesia Technician, Department of Anesthesia

Harvard University 1983-1984
Cambridge, MA
• Author, Organic Chemistry: A Conceptual Framework.

Lehman Brothers, International 1980-1981
New York, NY
• International Finance Analyst for Republic of Zaire

PROFESSIONAL MEMBERSHIP

- Marin Medical Society
- California Medical Association
- Physician Champion OB Quality committee
- Society of Advanced Laparoscopic Surgeons
- Fellow American College of Obstetrics and Gynecology (FACOG)

EDUCATION

Intuitive Surgical/ da Vinci Surgical System 2008
Console Surgeon Certification
Sunnyvale, CA

American Board of Obstetrics and Gynecology 1995
Board Certification

Metro Health Medical Center 1988-1992
Dept. of Obstetrics and Gynecology
Cleveland, OH
• Completed four years of residency in OB/GYN
• Performed abdominal and vaginal surgery, including advanced laparoscopic and hysteroscopic cases
• Recipient of 1991 Cleveland OB/GYN Resident research award

Case Western Reserve University 1984-1988
School of Medicine; M.D. 1988
Cleveland, OH
• Two years basic science curriculum with research electives in cardiology, molecular biology and hematology
• Third and fourth years clinical core and research clerkships, including rotation at UCSF's Department of Radiology which resulted in a publication about the use of femur length measurements in Obstetrical Ultrasound with Professor Roy Filly, M.D.

Harvard University 1981-1984
Cambridge, MA
• Enrolled in Harvard Medical School courses in Neurology, Neurocytology, Neuroanatomy and Histology while preparing for MCAT applying to medical schools

Harvard University 1975-1977
Radcliffe College; A.B.1980 1978-1980
Cambridge, MA
• Major: Scandinavian & Germanic Languages and Literature. Reading & writing fluency in French, German and Swedish

Karolinska Institute 1977-1978
Stockholm, Sweden
Medical research in Cardiology and Cardiac Surgery

PERSONAL

Marin Rowing Association: Coxswain
Member of Tamalpa Running Club

ORIGINAL PUBLICATIONS

Jacobson, L.B., La Follette, L., Cohn, K., "An Appraisal of Initial QRS Forces in Left Anterior Fascicular Block." American Heart Journal, 1977, 94: 407-413.

La Follette, L., Jacobson, L.B., Hill, J.D., "Isolated Aortocoronary Bypass Operations in Patients over 70 Years of Age." The Western Journal of Medicine, 1980, 133:15-18.

Hill, J.D., La Follette, L., Szarnicki, R.J., Avery, G.J., Gerbode, F., Kerth, W.J. Rodvien, R. "Risk Benefit Analysis of Warfarin Therapy in Hancock Mitral Valve Replacement." Journal of Thoracic and Cardiovascular Surgery, 1982, 83: 718-723.

Stone, P.H., La Follette, L., Cohn, K. "Patterns of Exercise Treadmill Test Performance in Patients with Left Main Coronary Artery Disease: Detection Dependent on Left Coronary Dominance or Coexistent Dominant Right Coronary Disease." American Heart Journal, 1982, 104: 13-19.

Boxt, L.M., Rich, S., Fried, R., La Follette, L., Sandor, T., Hanlon, W.B., Harrington, D.P., Reed, L. "Automated Morphologic Evaluation of Pulmonary Arteries in Primary Pulmonary Hypertension." Investigative Radiology, 1986, 21: 906-909.

La Follette, L., Gordon, E.M., Mazur, C.A., Ratnoff, O.D., Yamashita, Y. "Hyperprolactinemia and Reduction in the Plasma Titers of Hageman Factor, Prekallikrein and High Molecular Kininogen in Patients with Acute Myocardial Infarction." Journal of Laboratory and Clinical Medicine, 1987, 110: 318-321.

Hampson, R.K., La Follette L., Rottman, F. "An Alternative Processing of Bovine Growth Hormone mRNA is Influenced by Downstream Exon Sequences." Molecular and Cellular Biology, 1989, 9: 1604-1610.

La Follette, L., Filly, R. A., Anderson, R., Golbus, M.S. "Fetal Femur Length to Detect Trisomy 21: A Reappraisal." Journal of Ultrasound in Medicine, 1989, 8; 657-660.

V. Höggqvist Tabor, D. Thomas, I. Tin, H. Raffauf, and L. La Follette, "Making Sense of Large Scale Fertility Data [19N]." Obstetrics Gynecology, 2016; 127:119S.

La Follette, L. "Chart Review VBAC Study of First Prior C-Section Births: 2000-2013; Marin General Hospital (MGH)." Extensive retrospective study presented at *2015 American College of Obstetricians and Gynecologists (ACOG) National Meeting* shows moms—across different cultures, and of diverse weight and age—exhibit a 3 in 4 chance of successfully delivering vaginally after delivering by C-section the first time (regardless of the reason), if they have the full commitment of healthcare provider and team.

La Follette, L., "Menstrual Cycle Data with Clue App." Poster presentation at *2016 American College of Obstetricians and Gynecologists (ACOG) National Meeting*.